

**ASSESSMENT CATEGORY - Making London More Inclusive****Leonard Cheshire Disability****Adv: David Farnsworth****Base: Lambeth****Amount requested: £146,425****Benefit: Wandsworth****Amount recommended: £147,000****The Charity**

Leonard Cheshire Disability (LCD) is part of an international global alliance which is united in supporting and improving the lives of disabled people. Founded in 1948, LCD's mission is to work for a society in which every person is treated equally. LCD believes that disabled people should have the opportunity and support to live independently, to contribute economically and to participate fully in society.

**The Application**

LCD seeks funding towards salary and project costs of LCD's Enablement and Healthy Living project. This aims to increase the independence of disabled people through sport, healthy eating and life skills; enabling disabled people to maintain choice and control of their lives. 90% of its beneficiaries will be in Wandsworth, with the remaining 10% based in Southwark

**The Recommendation**

LCD has considerable experience: for sixty six years it has supported disabled people in many different ways to reflect their diverse needs. This particular project builds on LCD's existing experience of delivering similar projects including an inclusive sports pilot project funded by Comic Relief and its Healthy Eating and Life-Skills programme. With the primary focus on Wandsworth, the project also capitalises on the deep-rooted community links LCD has within the borough, the good working relationship it has with the local authority, and the extensive referral network it has built up. LCD follows a person-centred approach, involving disabled people in thorough consultations to inform the project, and their involvement in it. The funding requested in the first year is for staffing levels greater than one full-time equivalent employee. This can be justified as LCD establishes its new services. In years two and three, funding for staffing is equivalent to only one full-time post. This grant would enable more disabled people to live independently and maintain choice and control in their lives: directly benefiting at least 340 people per year. If successful, the grant may also assist in securing match funding from the Big Lottery.

***£147,000 over three years (£69,000; £39,000; £39,000) towards salary and project costs of the Enablement and Healthy Living Project for disabled people.***

**Funding History**

Meeting Date	Decision
08/07/2008	£15,000 towards Track Ability charged against the strategic initiatives budget for 2008/09.

**Background and detail of proposal**

There is currently a lack of inclusive, personalised fitness and nutrition classes available for disabled people in the London Borough of Wandsworth. The Enablement and Healthy Living project would meet a key Public Health England

priority: reducing the prevalence of obesity-related disability and disability-related obesity. This project is especially important for individuals with newly acquired disabilities, as they are at a high-risk of developing secondary disabilities (e.g. obesity and hypertension) following discharge from NHS services. The project will provide daily physical activity workshops, and bi-weekly Healthy Eating classes, which will run alongside daily one-to-one therapeutic activity sessions. They will also provide 'Life Gym' workshops once a month so that skills can be developed for disabled people to interact with the world around them.

### Financial Information

LCD does not have a set reserves target: at least annually it reviews its reserves position taking into consideration the assets required to provide long-term social care to the people who use its services, reasonable working capital, planned development projects and unforeseen circumstances. The organisation considers there is sufficient flexibility in the reserves to maintain its operations.

LCD has a net pension deficit of £12.3m. This figure is excluded from the free reserves position as the charity plans to eliminate the deficit through future contributions to its pension scheme.

Total income in the current year is forecast to be £159.5m, of which £154.4m (96.8%) had been confirmed by December 2014. The cost of generating funds appears low as it is expressed as a percentage of total income, a high volume of which is social care fee income (£142.8m in 2014/15). The organisation operates a dedicated fundraising team.

Year end at 31 March	2013/14 Audited Accounts	2014/15 Current Year Forecast
<b>Income and Expenditure</b>	£	£
Income	154,559,000	159,491,000
Expenditure	153,541,000	155,763,000
Unrestricted Funds Surplus / (Deficit)	2,499,000	7,316,000
Restricted Funds Surplus / (Deficit)	(1,468,000)	(3,588,000)
Endowment Funds Surplus / (Deficit)	(13,000)	-
Net realised investment gains /(losses)	(12,000)	-
Unrealised net gains/ (losses) on investment assets	29,000	-
Actuarial gains/(losses) on defined benefit pension schemes	(1,696,000)	-
<b>Total Surplus / (Deficit)</b>	<b>(661,000)</b>	<b>3,728,000</b>
Surplus / (Deficit) as a % of turnover	(0.4%)	2.3%
Cost of Generating funds (% of income)	2,163,826 (1.4%)	2,711,347 (1.7%)
<b>Free unrestricted reserves</b>		
Unrestricted free reserves held at Year End	12,410,000	19,726,000
How many months' worth of expenditure	1.0	1.5
Reserves Policy target	-	-
How many months' worth of expenditure	-	-
Free reserves over/(under) target	-	-